

Fall 2022-2023 Dance Class Schedule

Mondays	Class
10-10:45am	Preschool (Ballet/Jazz) Recital
11-12am	Mommy and Me Dance & Tumbling 1.5-3yrs
4-5pm	Recital Ballet/Jazz Kinder-1st
5-6pm	Open Intermediate Leaps, Jumps, & Flex
7-8pm	Recital (Ballet/Jazz) 3rd-4th
8-9pm	Open Intermediate Turns Technique

Tuesdays	Class
4-5pm	Recital (Ballet/Jazz) Kinder-1st
5-6pm	Open Beginner Turns & Leaps Tech (ages 6-9)
5-6pm	Open Beginner Ballet (ages 6-10)
6-7pm	Open Advanced Combo & Improv Tech
8-9pm	Open Intermediate/Advanced Turns Tech

Wednesdays	Class
10-10:45am	Preschool (Ballet/Jazz) Recital
4-5pm	Recital (Ballet/Jazz) 2nd-3rd
5-6pm	Open Int/Adv Leaps, Jumps & Flex Tech
6-7pm	Open Advanced Turns Tech
7-8pm	Recital (Ballet/Jazz) 3rd-4th
7-8pm	Open Intermediate Turns Tech
8-9pm	Open Drill Prep

Thursdays	Class
4-5pm	Recital (Ballet/Jazz) Kinder-1st
4-4:45pm	Preschool (Ballet/Jazz) Recital Team
5-6pm	Open Intermediate Combo & Improv Tech
5-6pm	Recital Ballet/Jazz 2nd-3rd
5-6pm	Boys Hip Hop Recital (ages 6 +)
6-7pm	Open Intermediate/Advanced Combo & Improv Tech
6-7pm	Open Intermediate Turns Tech
6-7pm	Recital (Ballet/Jazz) 5th and up
7-8pm	Open Intermediate Ballet
7-8pm	Open Intermediate & Advanced Turns Tech
8-9pm	Open Intermediate/Advanced Leaps, Jumps & Flex Technique
Fridays	Class
3-4pm	Open Intermediate/Advanced Turns, Leaps & Jumps Tech
4-5pm	Open Intermediate Turns, Leaps & Jumps Tech

Description of Classes

Dance Classes

Recital Teams: Dancers will take a combo ballet/jazz class. These same students together will learn choreographed dances to perform in the Winter Showcase and Spring Review.

Open Dance Class: Dancers in these classes are taking class for extra practice and work in that skill area. Class are open to dancers on other teams, junior high or high school dancers who want to keep up on their skills or those Junior High/High School Cheer Prep: These classes are for older students who are looking to be prepared for junior high and high school cheer. Emphasis will be on jumps, tumbling and rallying.

Gym Classes

Tumbling Class: These classes are open to all tumblers who want to work on their skillset. Please see outlines of levels for appropriate class placement.

Elite Cheer: These classes are for students looking to work on cheer skills. Classes will include stunting, jumps, learning short cheers and a cheer routine for end of show. Classes will NOT include tumbling instruction.

Junior High/High School Cheer Prep: These classes are for older students who are looking to be prepared for junior high and high school cheer. Emphasis will be on jumps, tumbling and rallying.